



Modern Brilliance

DENTAL HYGIENE

Mobile Dental Hygiene Services
for Senior Residences



About Me ✨

Hi there! I'm Michelle, a passionate dental hygienist with a knack for helping people achieve bright, healthy smiles. Growing up fascinated by science, care, and the art of wellness, I developed a deep commitment to oral health and patient comfort.

Modern Brilliance Dental Hygiene (MBDH) proudly delivers professional, compassionate dental and dental hygiene care —**right at your residence.**

We specialize in **on-site services** for seniors living in retirement homes, assisted living, and long-term care communities across Ontario. Our goal is to make quality oral health care accessible, consistent, and comfortable for every resident.



Why Oral Health Matters for Seniors



01

Impact on Overall Health

Studies show a strong link between oral health and overall well-being, particularly for seniors. Poor oral hygiene can contribute to serious health conditions such as heart disease, diabetes, and respiratory infections, making it essential to maintain good oral health as part of an overall wellness plan.

02

Preventive Benefits

Regular check-ups and cleanings help seniors maintain healthy teeth and gums, preventing common oral health issues. By staying on top of dental care, residents can avoid more costly and complex procedures in the future, ensuring better long-term oral health and overall quality of life.

03

Improved Quality of Life

Maintaining good oral health is key to enhancing quality of life. It reduces the risk of chronic diseases, and helps ensure proper nutrition. When seniors feel healthier and more confident in their smiles, they can enjoy a higher quality of life.



Specialized Care for Dementia and Alzheimer's Patients

- Gentle, step-by-step communication
- Frequent breaks during treatments
- Creating a calm, familiar environment
- Patience and understanding to minimize anxiety
- Our approach ensures that every resident receives the best care in a comfortable and stress-free setting



Services Offered

Routine dental hygiene services on-site



- Professional Dental Cleaning & Assessments
- Complimentary Oral Health Seminars: For both residents and staff to encourage regular hygiene routines
- Preventive care to maintain oral health
- Emergency Dental Referrals: Coordination with dental professionals if needed
- Individualized Care Plans: Each resident's needs are carefully considered
- Direction communication with families or Powers of Attorney

Why Choose Us

- **Improved Resident Health:** Regular dental care reduces risks of infections and discomfort
- **Personalized Care:** Tailored dental hygiene plans for each resident, including those with cognitive conditions
- **Education & Support:** Empowering staff to provide better care for residents' oral health
- **No Need for Transportation:** We bring the dental care to your facility
- **Increased Comfort:** Residents will feel more at ease being in familiar surroundings with a professional who understands their needs



Flexible Service Options

- We offer customizable packages to meet the unique needs of each residence, whether you are looking for routine visits or specialized care
- Bi-weekly, or monthly visits
- Group appointments (can see up to 4 patients in one day)
We work with your schedule to ensure minimal disruption to daily activities



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